

MOTHER W/MENTAL RETARDATION OR PRENATAL AOD ABUSE (703)

PARTICIPANT TYPE.....**INFANTS**
HIGH RISK.....**No**

RISK DESCRIPTION:

Infant born of a woman:

- Diagnosed with mental retardation by a physician or psychologist as self-reported by applicant/participant/caregiver; or as reported or documented by a physician, psychologist or someone working under physician's orders, OR
- With documentation or self-report of any use of alcohol or illegal drugs during most the pregnancy

Note: Reports of alcohol or drug use are acceptable from primary caregivers such as the infant's guardian, foster parents, or adoptive parents.

ASK ABOUT:

- Infant health conditions and growth pattern
- Infant feeding pattern
- Ability to mix formula appropriately and follow feeding recommendations from the infant's primary care provider
- Maternal support system including family and friends
- Access to well child care and barriers to obtaining care
- Access to and participation in parenting education programs

NUTRITION COUNSELING/EDUCATION TOPICS:

- Review age-appropriate infant feeding guidelines.
- Discuss appropriate feeding interactions with the infant related to the infant's age.

POSSIBLE REFERRALS:

- If the infant is not receiving well child care or keeping appointments, refer the child (if on medical assistance) to Health Tracks (<http://www.nd.gov/dhs/services/medicalserv/health-tracks/>), the local public health department, or primary care providers in the community.
- If the infant was exposed to drugs or alcohol during gestation, refer the family to the Right Track Program for early intervention services (<http://www.nd.gov/dhs/services/disabilities/earlyintervention/parent-info/right-track.html>).
- If the mother could benefit from participating in a parenting education program, refer to community parenting programs and providers.